



**Westminster Free Clinic**  
& Community Care Center

# *Spring Quarterly Update*

MARCH 2021

Dear Friends and Supporters,

It is hard to believe that it has been a year since COVID-19 first struck. Your support has made a huge impact in the lives of thousands of families. As we emerge from this crisis, I want to thank you for your generosity and provide you with an update on our first quarter.



## A LIFELINE FOR THOSE MOST IMPACTED

We have been here from the very beginning of COVID for patients like Juana, a 70-year old diabetic who cleans houses for a living, but has lost most of her clients since the pandemic. She cannot afford to buy food on a regular basis. She comes to clinic to renew her diabetes prescriptions and receive healthy food to help her keep her blood sugar levels in check.



## FIRST-YEAR ANNIVERSARY OF WFC'S OXNARD SITE!

In February we celebrated our Oxnard site's first year anniversary! We recruited a small but mighty team of volunteer medical professionals and 70 teen interns from West Ventura County schools who are providing free health care, counseling, food and diapers to an average of 300 uninsured families per week, most of them farmworkers from the Oxnard and Port Hueneme area.



## TEEN HEALTHCARE CAREERS PROGRAM

Our teen program is stronger than ever, and we continue to develop today's youth into tomorrow's leaders. We are in the process of interviewing new students for the program to replace graduating seniors. We have many more applicants than we can accommodate! 170 teens are in the program each year.



## LUIS TUN: A STORY OF SUCCESS

Luis Tun is a great example of the young leaders that your support helps shape. Watch the video below to see City Mayor Claudia Bill-de la Peña present Luis with the Community Commitment Award of 2021 from the City of Thousand Oaks in February for his service at WFC and hear his story.



Luis Tun, WFC Program Alumnus Receives Community Commitment Award from the City of Thousand Oaks.

# FEEDING THE HUNGRY

So far in 2021 we have already put food on the tables of over 5,000 families (18,681 individuals), most under the age of 18. We continue to see cars line up for food assistance every week.



## WE NEED YOUR SUPPORT MORE THAN EVER TO KEEP GOING

Even while things are improving, we still have a long way to go. Our patients remain under employed and have no other source of healthcare; they continue to depend on us for food assistance. Our low-income teens are having to choose between coming to clinic to volunteer, and getting a job to help their families make ends meet.

**You Can make a difference!** See how you can help below. Thanks for your continued support and consideration!

Sincerely,  
Lisa Safaeinili, MPH  
Executive Director

## HERE'S HOW YOU CAN HELP

**\* \$50,000 MATCHING GIFT CAMPAIGN ENDS JUNE 30th!** Every dollar raised through June 30, 2021 will be matched dollar for dollar by a generous donor! Double your impact and help us keep our community healthy.

**\* CONSIDER SHARING YOUR STIMULUS CHECK!** Consider donating all or part of your stimulus check to help families who were greatly impacted by the pandemic get back on their feet.

**ALL DONATIONS RECEIVED BY JUNE 30  
WILL BE MATCHED DOLLAR FOR DOLLAR!**

Use the button below to donate online or mail your check to:

**Westminster Free Clinic**  
2673 San Miguel Circle  
Thousand Oaks CA 91360

D O N A T E   H E R E

**\* USE SMILE AMAZON WHEN YOU BUY FROM AMAZON** and 0.5% of all eligible purchases will be donated to Westminster Free Clinic. Go to this [LINK](#) and shop!.

**\* REGISTER FOR HEALTHY COOKING WITH WESTMINSTER FREE CLINIC!** Register for our first virtual cooking class fundraiser on April 25 starting at 3:30pm!

R E G I S T E R   F O R   C O O K I N G   C L A S S   H E R E !



**SUPPORT OUR MISSION WHILE COOKING A  
MEDITERRANEAN-INSPIRED MEAL!**

*Healthy Cooking with  
Westminster Free Clinic!*

**APRIL 25, 2021 3:30 - 5:15PM**



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