



Summer 2024 Update

Dear Friends and Supporters,

We would like to thank you for your continued support this summer! Thanks to you, **1,624** children benefitted from WFC's Back to School Health Fair & Backpack Events. We also celebrated the graduation of **90** of our high school seniors who completed our program and are headed for college this fall. In addition, the Ventura County Board of Supervisors recognized our teen interns for helping create access to healthcare and serving their community!

Your support also helps empower thousands of low-income parents with the services, knowledge, and tools they need to take control of their health. Also thanks to you, over **500 families--close to 2,000 individuals--**have access to heart-healthy food options weekly, making healthy eating the easy choice.

Scroll down to see photos and learn about the difference you are making in Ventura County and get to know some of our high school teens and staff! We thank you for choosing to support Westminster Free Clinic and Community Care Center!

Appreciatively,
 Lisa Safaeinili, MPH
 Executive Director

WFC'S 2024 BACKPACK EVENTS ARE A HUGE SUCCESS!

Thanks to you, **737** low-income children from our Thousand Oaks clinic site, and **887** children from our Oxnard and Santa Paula clinic sites received backpacks filled with the school supplies that they need to succeed in school!



At our 2024 Backpack Events we also provided **202** dental and **83** vision screenings for low-income children, helping ensure that they can head back to school ready to learn!



We also offered free haircuts to **115** children! It was so great to see the children's smiling faces knowing that they will be looking their best on the first day of school!



Thanks to our amazing donors, we also provided 30 laptop computers and 6 graphing calculators to low-income high school students enrolled in our Teen Healthcare Training and Internship program. Our students are now equipped to succeed in high school and are on a pathway to educational and economic success!



WFC TEENS RECOGNIZED BY BOARD OF SUPERVISORS

The Ventura County Board of Supervisors recognized the high school students from Westminster Free Clinic's Teen Healthcare Training & Internship Program for their

service to the community. County Supervisors congratulated and celebrated students from our Thousand Oaks, Oxnard, and Santa Paula sites for their commitment and dedication to advancing health equity in Ventura County!



HEADING OFF TO COLLEGE!

Ramon is one of the many low-income, first-generation high school students from our program who will be going to college this fall. During his senior year at WFC, he was selected to serve as a student manager and supervised and mentored younger students. He was accepted to Harvard University, Stanford University, UCLA, and UC Berkeley. He chose to attend Harvard where he will be pursuing a degree in Human Developmental and Regenerative Biology. We are so proud of Ramon!





**FROM HIGH SCHOOL INTERNS TO STAFF:
OUR PROGRAM ALUMNI ARE RETURNING
TO WFC TO SERVE THEIR COMMUNITY!**

We are proud to share that we can now hire our own alumni from our Teen Healthcare Training and Internship Programs who have returned to serve WFC's patients as healthcare professionals! They are from low-income, immigrant families, started volunteering at WFC as 9th graders, and are now healthcare professionals that have chosen to join our team as key members of our staff!



MEET MARCO, a Registered Nurse who serves as a Case Manager at WFC. He graduated from Westlake High School and from WFC's Teen Program in 2019. He credits WFC for getting him on the right path in high school, for becoming a Certified Medical Assistant through WFC, and for being accepted to Cal State Channel Islands' highly competitive Nursing Program, from which he graduated with honors. In addition to working part-time at WFC, he also has a full-time job at Cottage Hospital in Santa Barbara. Marco is the first in his family to get a college degree.



MEET YVETTE, a Licensed Clinical Social Worker who graduated from Newbury Park High School and from WFC's Teen Program in 2008. Since then, she earned a BA in Urban Studies at Stanford University on a scholarship, and an MS in Social Welfare from UC Berkeley. Yvette is the owner of Bay Therapy & Wellness, a mental health counseling practice, and she is part of WFC's bilingual mental health team. She provides bilingual counseling services to WFC patients.



MEET JAZMIN, a Medical Assistant and a student at Moorpark College studying Nursing. Jazmin graduated from Newbury Park High School and from WFC's teen program in 2020. Jazmin credits WFC for opening up doors for her in healthcare and helping her be more comfortable with herself and speaking with others. At WFC, she serves as Program Assistant for our Teen Healthcare Training and Internship Program and helps mentor and train over 230 high school interns enrolled in the program through our three clinic sites. In addition, she works at Los Robles Hospital as a financial counselor for patients



MEET MARLENE, a Certified Nursing Assistant who graduated from Thousand Oaks High School and WFC's Teen Program in 2003. She worked in skilled nursing facilities serving seniors for many years and was recently hired to serve as WFC's full-time Case Manager. She is grateful to be back at the place where her journey as a healthcare professional began and that played a crucial role in saving the life of one of her family members.

KEEPING OUR COMMUNITY HEALTHY!

Thanks to you, we are now able to provide home blood pressure monitors to patients with hypertension to help them control their blood pressure. Our team teaches patients in our Corazones Sanos (Healthy Hearts) program how to use the monitors, and helps them understand how changes in their diet, medication intake, physical activity, emotional state, etc. affects their blood pressure.





WFC'S VISION PROGRAM KEEPS GROWING!

Thanks to our partnership with See International, local Lions Clubs, local Rotary Clubs, and others, we are now able to provide free vision screenings and glasses to patients at all three of our clinic sites in Thousand Oaks, Oxnard and Santa Paula!



HELP US KEEP OUR COMMUNITY HEALTHY!

Your support and generosity make all these accomplishments possible!

We need your help to keep our community healthy and to place our families and youth on a pathway to economic success. Please consider making a donation to keep our communities healthy and well!

Every dollar you donate helps equip our volunteer medical professionals and high school students with the supplies and resources they need to provide free health services to those who would otherwise go without. Your support helps ensure a brighter future for students from local high schools across Ventura County and helps thousands of families and children experiencing hardship.

Any amount will help! We appreciate your support!

Use the button below to donate online

or

**Mail your check payable to:
Westminster Free Clinic
2673 San Miguel Circle
Thousand Oaks CA 91360**

*WFC is a Charitable Tax Exempt 501(c)3 Organization
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