



Fall 2025 Update

Dear Friends and Supporters,

It's hard to believe that Fall is around the corner! We have been busy and have a lot to share with you! Thanks to your continued support, we've made incredible strides since January 1, 2025, including:

- Providing **11,470** free clinic-based services.
- Distributing healthy food to **17,370** families, impacting nearly **75,000** individuals.
- Awarding **\$55,000** in scholarships to graduating high school seniors—most of whom are the first in their families to attend college—putting them on a pathway out of poverty toward careers in healthcare.
- Launching new **Ultrasound and ECG services** at our clinics, enhancing the quality of care, and providing more tools for our volunteer physicians.
- Holding our annual **Back to School Health Fairs** in Oxnard and Thousand Oaks, and distributing backpacks and school supplies to over **1,500** low-income children. Backpacks and school supplies were also distributed at our Santa Paula site.
- Holding our **2025 Volunteer Appreciation Event** to celebrate the incredible contributions of our volunteers to our county, and their role in WFC being selected as a *2025 California Nonprofit of the Year!*
- Preparing to launch WFC's **2025 Investing in Hope Matching Gift Campaign!**

None of this would be possible without **YOU**, our amazing volunteers, donors, students, and community partners. Especially during these challenging times of uncertainty, your ongoing partnership is more vital than ever. Together, we can give hope to local families and neighbors by continuing to provide access to free healthcare services, nutritious food, and life-changing opportunities, and prepare for all those who will need our services in 2026.

Please scroll down to see photos and read more about how we are making a difference together by *Investing in Hope*. Please consider making a gift so we can keep changing lives.

With gratitude,
Lisa Safaeinili, MPH
CEO/Executive Director

**WFC'S 2025 BACK TO SCHOOL HEALTH FAIRS
WERE A HUGE SUCCESS!**

Thanks to you, at our 2025 Back to School Health Fairs, **686** low-income children from our Thousand Oaks clinic site, and **816** from our Oxnard and Santa Paula clinic sites received backpacks filled with the school supplies that they need to succeed in school! We also provided **63** dental and **229** vision screenings for low-income children, as well as gently-used clothing and children's books, helping ensure that every child returned to school ready to learn!



WFC AWARDS \$55,000 IN SCHOLARSHIPS TO HIGH SCHOOL GRADUATING SENIORS

This past June, WFC proudly awarded **\$55,000** in nursing and healthcare scholarships to low-income graduating high school seniors who completed WFC's two-year Teen Healthcare Training and Internship Program to support them in reaching their healthcare career goals.

WFC scholarship recipients will be the first in their families to attend college, opening doors to brighter futures and a pathway out of poverty. A total of **26** students from across Ventura County received scholarships. Three of the scholarship recipients who are pursuing careers in nursing received the *Ursula Doidic Nursing Scholarship* in memory of our long-term WFC volunteer and board member. In addition, **100** of our graduating seniors received a \$50 scholarship. Donations provided for scholarships are helping transform lives while addressing shortages in the healthcare workforce.



Students from our Oxnard clinic receiving scholarship awards



Students from our Thousand Oaks clinic receiving scholarship awards from Board Members Jeff & Jennifer Witten, and Manuel Valdez

ULTRASOUND SERVICES NOW AVAILABLE AT WFC!

WFC can now provide ultrasounds at all three of our clinic sites by a certified bilingual sonographer who is also a 2016 alumnus of our Teen Healthcare Training Program. Images are reviewed by a volunteer radiologist, with results typically ready within 48–72 hours, or sooner if urgent.

This service helps our volunteer doctors detect conditions such as lumps, gallstones, kidney stones, and thyroid issues, without having to send patients elsewhere for the exam, speeding up care and improving outcomes.

WFC teen interns are also gaining valuable training in new point-of-care ultrasound technology, exposing them to a potential future healthcare career.



ELECTROCARDIOGRAMS NOW AVAILABLE AT WFC!

WFC is now also able to offer free on-site **electrocardiograms**! Two WFC alumni, one of whom is now a certified EMT and an aspiring cardiothoracic surgeon, and another who is now a nurse, provide these tests, which help doctors detect conditions such as valve disorders, heart muscle weakness, and other cardiac issues.

This service ensures free and faster diagnoses and treatment. The images are shared with our volunteer cardiologist, who visits the clinic monthly and reviews the images remotely, then provides a report to our volunteer physicians, who meet with the patient and make referrals as needed.

Our high school students are also learning about the use of this technology in our clinic setting.



WFC NAMED A 2025 CALIFORNIA NONPROFIT OF THE YEAR!

In case you missed it, Westminster Free Clinic & Community Care Center was named a **2025 California Nonprofit of the Year** by State Senator Monique Limón! This recognition shines a spotlight on the impact you help make possible, whether you've volunteered your time, donated, mentored a student, or supported us in any way.

Thanks to your belief in our mission, we provide over 15,000 free healthcare services annually, train the next generation of healthcare providers, and uplift the most vulnerable in our community. We share this award with every one of you who has made this recognition possible!

Thank you for helping us build a healthier, more hopeful Ventura County. We hope you'll consider donating to keep this work going!



2025 VOLUNTEER APPRECIATION EVENT

On September 6, 2025, we held our annual Volunteer Appreciation Event to celebrate and appreciate our volunteers. The WFC Friends Board put on the event. The Office of Ventura County District 2 Supervisor Jeff Gorell honored WFC and our volunteers with a certificate of recognition.

Volunteers were thanked for helping WFC achieve the 2025 California Nonprofit of the Year award, and they heard from some of the people who have benefited from WFC's services, including several graduates from our Teen Healthcare Training and Internship Program. The event was held at Westminster Presbyterian Church in Westlake Village, where Westminster Free Clinic first started in 1994.



REMEMBERING RALPH

Ralph Davies Brehm February 23, 1936 - July 9, 2025

Ralph will be greatly missed. He helped 10 of WFC's Teen Interns complete their college education. Every year, he provided 40 new MacBook Air Computers to low-income interns so they could perform well at school, even when they didn't have internet at home. Ralph was also the donor who started WFC's annual matching gift campaign and provided the matching funds for the past 4 years.

He always offered his truck to pick up holiday gifts for our annual Adopt-a-Family program and helped transport supplies to our teen intern team-building events. He also helped with clinic mailings, volunteered at our weekly food distribution program, and helped support WFC and its families in any way he could.

He will always be remembered as a good teller of jokes, having an incredible memory, and

having a kind and generous heart. He offered assistance and support with no expectations and always believed in the teens he helped and in what WFC offered. WFC became his family.

Ralph has left big shoes to fill. Already, we have received over \$14,000 in donations in memory of Ralph, and another donor has stepped up to continue WFC's annual matching gift campaign! **Starting on October 1, all donations made to our 2025 Invest in Hope Matching Gift Campaign will be matched dollar for dollar up to \$25,000.**

At 89, Ralph has left a legacy that we hope others will help us to continue.



INVEST IN HOPE! Double your impact! Join WFC's 2025 Matching Gift Campaign!

Invest in hope! Join in creating a better future!

During these challenging times, many local families are struggling to meet their most basic needs, including access to essential healthcare and healthy food. Westminster Free Clinic is a lifeline, providing free health and mental health services, as well as vital resources, for those who would otherwise go without.

Starting on October 1, every dollar you give will be matched dollar for dollar to equip our volunteer medical professionals and dedicated high school students with the tools and supplies they need to keep our community healthy and safe. Your support not only helps families in crisis, it also prepares local students for careers in healthcare, creating a

stronger, healthier future for all of Ventura County.

Please give today. Any amount makes a difference.

Together, we can ensure that no one in our community is left without care in their time of need.

Use the button below to donate online

or

Mail your check payable to:

Westminster Free Clinic

2673 San Miguel Circle

Thousand Oaks, CA 91360

WFC is a Charitable Tax Exempt 501(c)3 Organization

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